Experience the Lyngenfjord region

A travel guide – experiences around every corner

July 2019

Photo: Anna Ribeloca, Emmi Kähkönen, Aurora Alps

VISIT LYNGEN FJORD

SUSTAINABLE DESTINATION
LOCAL ENGAGEMENT IN A LONG PERSPECTIVE

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LYNGENFJORD – NATURALLY EXCITING

Welcome to the Lyngenfjord region – a destination that will bring you close to the Arctic nature, seasons and culture and the people of Northern Norway.

The Lyngenfjord region, located between Tromsø and Alta, is a destination known for its rich contrasts. You will discover spectacular mountains, fjords, valleys, plateaus and islands. This variety in the landscapes makes the Lyngenfjord region unique. The destination consists of the islands around Skjervøy in the north, the Lyngen Alps in the west and the lush valleys and wide rivers in the east/southeast, while mountains and expansive landscape characterize the area towards the Finnish border. Today, as in earlier times, nature leaves it mark on this region and determines and influences the lifestyle and culture in this area.

Lyngenfjord region – a sustainable destination
Sustainability is important for the tourism industry in the Lyngenfjord region. In 2017 we gained the status as a "Sustainable destination" and in 2018 we made it onto the "Sustainable Destinations Top 100" list. This is something we are very proud of!
Our goal is to facilitate and organize so that visiting guests can experience the region with a good conscience.

The Travel Guide – A practical handbook
This guide will help you to find what the Lyngenfjord region has to offer. This is the ideal destination for anyone wishing to experience the great outdoors by being active in the nature, wishing to learn more about the local culture and history and wishing to create new memories together. You will find all the information you need – and inspiration for activities, accommodation and hikes.

More information and booking
If you visit our website, www.visit-lyngenfjord.com, you will find lots of inspiration and information and can book activities, experiences and accommodation in the Lyngenfjord region online. The local tourist offices and our digital tourist information sites are here to help you.

Other guides:

- Hiking guide – descriptions of hiking routes and information about great hikes
- Trail guide – Descriptions and information about mountain biking
- Local food guide – An overview of producers and where to buy local food

We wish you a pleasant trip or, as we say in Norwegian, *God Tur*!

#visitlyngenfjord

THE MAJESTIC LYNGEN ALPS

On the western side of the Lyngenfjord, the majestic Lyngen Alps rise above the fjord. The mountain range, which is more than 100 km long, stretches across the entire Lyngen peninsula. The Lyngen Alps stand out with its pointed peaks, glaciers and valleys and attract skiers and climbers from around the world. The highest peak is Jiehkkevárri (1,883 m a.s.l.).

Photo: ©Alfred Lucas/Northern Nature Photography

The Lyngen Alps Landscape Protected Area

In February 2004 the government established the Lyngen Alps Landscape Protected Area: Lyngsalpan landskapsvernområde/Ittugáissáid suodjemeahcci.

The protected area covers 921.2 km² and stretches across parts of the municipalities of Lyngen, Storfjord, Tromsø and Balsfjord. The area has great glaciological and quaternary value. The area is well suited for studying glaciers and the remains of former glacial advancement. The area contains about 140 glaciers.

You can roam freely on foot in the protected area, but please note:

- All plant and animal life are protected. However, you may pick berries and mushrooms. Hunting and fishing are also permitted with the reference to regulations.
- Behave carefully so you don't harm the nature or cultural values or disturb wildlife.
- Remove traces of your camping site and any litter. Carry out what you carry in.
- Campfires are forbidden in the period from 15 April to 15 September.
- The use of drones within the protected area is forbidden without permission.
- There are grazing animals in the area in the summertime. Close gates and keep your dog on a leash.

The Lyngen Alps are composed mostly of gabbro. This is a hard and resistant type of rock and is responsible for the alpine-like nature of the mountains. There are more than 50 peaks higher than 1300 m. The mountain massif is cut through by narrow valleys

The Lyngen Alps Landscape Protected Area is managed by a local board with an office in Lyngseidet, tel. +47 77 64 22 17 or e-mail fmtrods@fylkesmannen.no

REISA NATIONAL PARK

East of the Lyngenfjord is the Reisa National Park. The national park stretches from the upper part of the Reisa valley to Finnmarksvidda mountain plateau and Finland. The national park consists of wild and beautiful nature as the Reisa river winds down from the mountain expanse and through an untouched, lush and green valley. The river is well-known for being one of Norway's finest salmon rivers. The Reisa National Park has a historic 60 km hiking route, on which you will pass the famous Mollisfossen, a waterfall with a drop of 269 m. Read more about the Reisa National Park on page 55.

THE CONTRASTS OF THE LIGHT

In the Lyngenfjord region, we say that the contrasts form the approximately 15,000 people who live here. There is no doubt about that when you see the unique nature and light that surround us.

Photo: Marie Kr Angelsen

THE NORTHERN LIGHTS AND POLAR NIGHT

During the winter months, the Lyngenfjord experiences the Polar Night when the sun remains below the horizon. However, it's far from dark during this period. During the evenings and nights, you can experience the Northern Lights dancing across the sky, while during the day the twilight provides a few hours of virtual daylight. The Northern Lights are visible from September to April. Experiencing the Polar Night and the dancing Northern Lights reflected on the fjord and snow-covered mountain peaks is a unique and memorable experience.

MIDNIGHT SUN AND BRIGHT SUMMER NIGHTS

The Northern Lights and Polar Night are a strong contrast to the Arctic summer. The Midnight Sun as a light phenomenon can only be experienced above the Arctic Circle. During this period from mid-May to late July, the sun never sets. During the endless summer day when night and day overlap, it's easy to completely lose track of time.

THE GREAT OUTDOORS – CHALLENGE YOURSELF IN THE NATURE

The Lyngenfjord region is a perfect for those who want to challenge themselves in the nature. World-class ski touring, great hikes, exciting whale safaris, tough mountain biking, spectacular glacier hiking, fishing and Northern Lights photography are among the many activities you can enjoy to the fullest here. You will also meet likeminded people with the same interests as you – to get the most out of the great outdoors.

The Lyngenfjord region is accessible, spectacular and full of exceptional possibilities for ski touring, hiking, mountain sports and mountain biking.

1. Ski touring

The region is a popular destination for ski tourers from all over the world. You can ski from "summit to sea" and find untouched snow. The most accessible and popular ski touring areas are the Lyngen Alps, outer Kåfjord, Kågen and Jøkelfjordeidet. The season varies depending on the snow conditions and weather, but from February to April/May you are guaranteed good conditions. The best tip is to rent a local ski guide and a boat for transport. Read more about ski touring on our website.

2. Hiking

Surrounded by magnificent mountains and great nature, the Lyngenfjord region is a paradise for hikers – both high and low in the terrain! There are several marked trails and hikes to experience during the summer and autumn. We recommend you to take a look at our "Hiking guide for the Lyngenfjord region" for a selection of trails with descriptions and maps.

3. Mountain biking

In our destination there is a wide selection of trails for single trail biking, which stretches from the fjord to the mountains. While most of the trails are natural, there has been development work in some places. If you are a professional mountain biker, the Lyngenfjord region can offer world-class experiences, and if you are still a rookie you can get advice and tips from professionals and local mountain biking guides. See our trail guide for more information on mountain biking.

4. Fishing

In the Lyngenfjord region, you can fish in the fjord from the shore or by boat. If the fish are biting, you may catch cod, haddock, halibut, salmon and other species. The best season is March – October, but since the fjord does not freeze you can fish year-round. In addition, you can fish in the rivers and lakes but remember to buy a fishing licence for this. The beautiful Reisa river is easily accessible and renowned for its salmon fishing. Maybe you will catch a really big salmon!

Read more about fishing on our website.

5. Whale safaris

During the winter months, it's possible to go on a whale watching safari. Seeing the majestic animals up close is an unforgettable experience. The islands of Skjervøy have become a popular destination for whale safaris. People from all over the world travel to this area to spot the whales.

6. Riverboats, canoes and kayaks

Summer and autumn are an ideal time for trips by riverboats and canoe on the Reisa river. A riverboat safari will give you an experience of the nature in the Reisa National Park in a way you will not find elsewhere. The riverboat is a special boat with a long and important tradition in the Reisa valley. It's long and sleek, and made to easily navigate the river. The Lyngenfjord region is a big area and there are several places you can kayak.

7. Winter activities

The winter offers many fun activities in the Lyngenfjord region. You can follow in the footsteps of the well-known musher Leonard Seppala and go dog sledding with your own dog team. You can also try snowshoeing, ice climbing on a frozen waterfall, driving a snowmobile, cross-country skiing or ice fishing on a frozen lake.

Photo: Marie Kr Angelsen (left), René Wilhelm (right)

LOCAL CULTURE AND HISTORY BY THE LYNGENFJORD

The northern Norwegian coastal culture characterizes the area and the closeness to the sea, which has been a source of food and income over several generations. Skjervøy and the surrounding islands are today important locations for the modern aquaculture and produce Norwegian salmon for the international market.

The term “meeting of three tribes” is used about the culture around the Lyngenfjord. Over several centuries, the Norwegian, Sami and Kven people have lived and worked here side by side. This has had a strong influence on the place names, language, traditions and the way of life. The marketplace in Skibotn has been a centre of trade between traders from the entire Nordkalotten (Northern Cap) for more than two centuries.

The Lyngenfjord region was not untouched by the Second World War and the Cold War. Remains from the Second World War can be seen in several places throughout the region. Furthermore, the defence line known as the “Lyngen Line” was built to prevent an attack from the Russians. It was also used by NATO during the Cold War, and you can see remains of this when visiting the area.

If you are looking for cultural experiences, want to learn more about our history, meet the locals and taste local food, you don’t have to travel far to get behind the scene of the rich and unique culture.

1. Nord-Troms Museum

Nord-Troms Museum has several exhibitions and museums where you can learn about the coastal culture by the Lyngenfjord, the rich traditions and the Sami and Kven culture.

2. Hiking in historical surroundings

For history buffs, you can visit remains from the Second World War such as coastal fort ruins and bunkers as well as war memorials. The war left its mark on the region in form of roads, bunkers, caves and old forts, which you can visit today. Example include Årøybukt Fort, Spåkenes Coastal Fort, Engnes Coastal Fort and the Bollmann Road. You can also see remains of the mining activity in the region, especially at Ankerlia in Kåfjord and in the Moskodalen valley.

3. The indigenous festival Riddu Riddu

By the Lyngenfjord you can participate in many different events and festivals year-round. One of the largest and best-known events is the indigenous festival Riddu Riddu in Manndalen. Read more about Riddu Riddu on page 32.

4. Local taste and produce

Are you interested in quality produce and exciting tastes? Our destination is known for its skilled food producers and long food traditions. If you would like a taste of the Lyngenfjord, we recommend you take a look at our local food guide for an overview of local producers and where you can buy their products.

5. Havnnes Trading Post

The trading post at Havnnes is the oldest trading place in Norway which is still operational. Havnnes has an unbroken trading history dating back to the 18th century, when it was run by the well-known woman “Mor Lyng” (Mother Lyng). Archaeological finds from the Stone Age document that there has been human settlement in Havnnes for more than 6,000 years.

6. Seppalatunet at Skjervøy

Seppalatunet will give you an insight into the history of Skjervøy, local art, handcraft and local food. Get to know the story of the legendary musher Leonard Seppala (1877-1967), who has given his name to this place and is known as the world’s best musher.

Seppalatunet - Photo: Georg Sichelschmidt

7. Traditional design

There are long traditions for handcraft in the Lyngenfjord region. Old weaving techniques have been preserved and are used today to create beautiful and functional products. Grenebua in Manndalen sells local, hand produced products based on Coastal Sami traditions.

8. In the footsteps of Jan Baalsrud

The story of the resistance man Jan Baalsrud and his escape through the occupied Northern Norway during the spring of 1943 has elements of the improbable. In 2017, the Norwegian movie *The 12th Man* (Den 12. Mann) was released. This is the fascinating story about Jan

Baalsrud and his helpers. In the Lyngenfjord region, you can visit some of his hiding places such as “Hotel Savoy”, the Baalsrud cave (Baalsrudhula) and his gravesite.

9. Lyngshesten (The Lyngen horse)

The region has its own horse breed. The Lyngen horse, which is also known as the Nordland horse, is an extremely old horse race. But it’s far more than a horse. Many people regard this little, strong horse with a clear personality as a symbol for bearing the identity of the people of the north.

Lyngshestelandet - Photo: ©Maria Horn Ellingsen

EXPERIENCE THE LYNGEN ALPS – POPULAR ALPINE ALPS

Travel from the inner Lyngenfjord to the northernmost point on the Lyngen peninsula. Experience the majestic Lyngen Alps, the valleys and the unique nature on the Lyngen peninsula.

Along this route you start in Oteren, on the eastern side of the Lyngen Alps and the inner Lyngenfjord and continue via Steindalen and Furuflaten to Lyngseidet. From Lyngseidet you can take a detour to experience Koppangen before continuing to Svensby, Jægervatnet,

Lenangsstraumen and end up in Russelv at the end of the road. Along the way is a detour on the western side of the Lyngen Alps to Lenangsøyra.

Explore the eastern side of the Lyngen Alps

Driving from Oteren to Lyngseidet will take around 45 minutes, depending on the number of photo stops. You will drive 42 km on a windy road along the shores of the Lyngenfjord and through many small villages. Numerous small car parks invite you to make short breaks and take photos of the breathtaking scenery. Most of the mountain area on the Lyngen peninsula is part of the Lyngen Alps Landscape Protected Area.

Oteren

Oteren is the first village you encounter when you enter the Lyngenfjord region from Tromsø/Narvik. The road forks here. To reach the Lyngen peninsula, follow route no. 868 towards Lyngseidet.

Photo: Jan R Olsen

Elvevoll

Approx. 10 km from Oteren, you will reach the village Elvevoll. From the car park at Vestersidasenteret (signposted 'Lyngsalpene' from the road), you can enjoy several different hikes and walks. We recommend the route to the Dalvatnan lakes, a family-friendly walk that was named as the best hiking route in Troms county in 2018. Just before arriving to Elvevoll, it's possible to make a left turn down to the Sandørneset outdoor recreation area, which has toilets and fireplaces and is a nice place to enjoy the nature and fjord.

- Read more about the hike in our hiking guide.

Steindalen

If you drive a further 6 km, you will reach the village of Steindalen. You can hike on the well-marked path 6.2 km up the Steindalen valley to the **Steindalsbreen glacier**. However, it's not recommended to walk on the glacier without the right equipment and knowledge.

Accommodation:

- Rent a cabin at IMA Tursenter, tel. +47 901 95 865, www.ima-tursenter.no

Guided tours to the Steindalsbreen glacier

- Adventure by Design offers guided tours to the glacier, with the option of adding a guided glacier walk, https://bit.ly/2NKXzDy
- Lyngen Outdoor Experiences offers guided glacier hikes to Steindalsbreen, https://bit.ly/2XCULYM

Rasteby

After a further 4 km, you will reach Rasteby. You can see a refurbished net drying rack, which shows how fishing nets were hung up to dry in days gone by.

- **Did you know that parts of the movie *The 12th Man"* about Jan Baalsrud were shot in Rasteby…?**

Furuflaten

After a further 5 km, you will reach Furuflaten, which distinguishes itself from the other villages around the Lyngenfjord due to large-scale industry. Plastic, metal and food products are all produced at the Furuflaten Industrial Park. Perhaps the best-known product from

Furuflaten is the “Cinderella” incinerating toilet, which may be found in thousands of cabins throughout Norway.

Furuflaten is also a good starting point for hikes into the Lyngen Alps. See the sign just before the bridge. A new bridge has been built by the cabin in the valley, making a loop circuit. You can park by Furustua (signposted from the road). Read more in our hiking guide.

Culture & Learning: Visit the Jan Baalsrud Museum
Ax **exhibition** at Furustua conveys the story of Jan Baalsrud and his escape from the Germans during the Second World War. The museum is open on request. Please contact Kjellaug Grønvoll, +47 957 34 949.

Activities: Dog sledding with Lyngen Outdoor Experiences
The musher Tom Frode Johansen has more than 35 years of experience with dog sledding. He caters for small groups and you get to drive your own team of dogs – by cart during the summer/autumn and sled during the winter.

- Book your dog sledding trip with Tom Frode, +47 917 15 777, www.lyngenoutdoorexperiences.com

Ørnes

Continuing from Furuflaten, you will drive through the Pollfjell tunnel, which was built because of the avalanche risk. Approx. 500 m after this tunnel, you can turn right towards the fjord and Ørnes (not signposted). Drive along the gravel road for approx. 3km. At the end of the road, you will find a car park down by the fjords, where there is also a small beach, tables and a toilet. You can follow the shore out to a small lighthouse and then follow the path to Sieddihytta, an open cabin where you can relax before heading back to your car. The walk from the car park to this cabin is approx. 3 km.

Accommodation:
- Cabins at Solvik Gård/Fablab, tel. +47 918 52 232

Activities
- You can book a range of activities summer and winter at Aurora Alps, tel. +47 917 35 497, www.auroraalps.no

Lyngseidet – in the heart of the Lyngen Alps

Lyngseidet is the centre of the Lyngen region.

View of Lyngseidet - Photo: Jan R. Olsen

There are two supermarkets in Lyngseidet, **Coop Extra** and **SPAR Giæver**. Close to Coop Extra you will find the wine monopoly and post office services. Furthermore, you will find a sports and electrical shop, a clothes shop, a petrol station, a building supplies store, library and a bar & disco. It's possible to rent bikes or skiing equipment at the sports shop.

You can spend the night at Magic Mountain Lodge, which is one of the most popular places to stay for skiers and mountain bikers around Lyngenfjord. Just south of Lyngseidet is the venerable Solhov Guesthouse. It was built in 1924 as a school and has now been transformed into a guesthouse. Covering 3,000 m², it's the largest wooden building in Northern Norway.

At Lyngseidet, across from the ferry pier, you can see what is nominated as one of Norway's weirdest attractions, a 9 m tall Santa Claus called "Gollis". "Gollis" came to Lyngen in 1992 and is built out of plastic. The locals cannot agree if they love or dislike it, while some think he should get a wife.

The ferry to Olderdalen leaves from here.

- Check fares and timetable at www.bjorklid.no

➢ ***Did you know that the ferry is for free if you are travelling on foot or by bike? You only pay for cars. This makes it more fun to travel by public transport and experience the Lyngenfjord by ferry!***

Eating & Shopping

- Coop Extra: Mon – Sat: 08.00 – 23.00 (you will find an ATM here)
- SPAR Giæver: Mon – Fri 08.00 – 21.00, Sat 08.00 – 20.00
- Wine monopoly: Thu – Fri 13.00 - 17.00, Sat 11.00 – 15.00
- K.punktet Cafe: Mon – Fri 10.00 – 17.00, Tues & Sat: 10.00 – 16.00 (From 1 Aug 2019: Mon – Sat 10.00 – 16.00
- Skibsbroen Pub: https://www.facebook.com/skibsbroen
- Elektro Sport. At Elektro Sport you can buy sports and hiking equipment, as well as rent bikes and skis. Open: Mon – Fri 09.00 – 16.00, Sat 10.00 – 14.00.
- Digital tourist information at the library above Elektro Sport. The library is open Mon – Tue 09.00 – 16.00 (15.00*), Wed 11.00 – 18.00 (17.00*), Thu – Fri 09.00 – 16.00 (15.00*), Sat – Sun: 10.00 – 18.00 (Closed**).
    - *Summertime I: 1 April – 30 Sept, **Summertime II: 14 May – 22 June

Accommodation:

- Magic Mountain Lodge: Hotel & hostel. This is biker friendly accommodation, which means they have extra facilities for guests who are biking, tel. +47 473 42 091, www.magicmountainlodge.com
- Sørheim Brygge: Cabins and apartments by the fjord, tel. +47 41 20 14 80, www.sorheim-brygge.no
- Johnsen Gården: Apartments, tel. +47 928 56 221, https://bit.ly/2Jw1RJM
- Hotel Lyngseidet offers accommodation, tel. +47 928 56 221, https://bit.ly/32hx5Ni
- Solhov Guesthouse offers accommodation. This is biker friendly accommodation, which means they have extra facilities for guests who are biking, tel. +47 99 44 90 60, www.solhov.com

Nature experience:

A popular trip in Lyngseidet is to hike or ski to the **Skihytta**. Walk through the village towards Goalsevarre/Kavringtinden. Follow the signs to “Skihytta” from the centre. After hiking/skiing around 3.5 km, you will reach this cabin, which is located directly above the tree line and offers a great view of the Lyngenfjord.

- Read more about the hike in our hiking guide.

Activities

- Lyngen Adventure offers RIB trips on the fjord and various summer and winter activities, tel. +47 926 68 001, www.lyngen.com
- Book certified IFMGA guides at LyngenGuide, www.lyngenguide.no
- Best of Lyngen offers various activities, +47 77 71 00 01, www.bestoflyngen.com

Detour: Visit the world's northernmost whisky distillery on the road to Koppangen

Take a detour to Koppangen, which is situated at the end of the road. We kindly ask you to drive carefully since the road is a little bumpy ;).
After a 17 km drive, you will reach the small fishing village of Koppangen, where you can rent one of the small typical fishermen's cottages **Koppangen Brygger**.
You can stop along this route to a picnic lunch by the fjord, see if the fish are biting or go on a mountain hike.

Accommodation:

- Stay in one of the fishermen's cottages (*rorbu*) or hotel rooms at Koppangen Brygge. They also arrange boat trips to Strupen and other activities, tel. +47 924 78 555 www.koppangenbrygger.no
- Aurora Fjord Cabins – cabins by the fjord with panorama windows facing the fjord. Located adjacent to Aurora Spirit, Årøybukt, tel. +47 77 52 47 77 www.lyngen.com/accomodation

About halfway to Koppangen, you will pass Årøybukt. Opened in 2016, Aurora Spirit is the world's **northernmost whisky distillery**. You can visit the distillery, book a whisky tasting and guided tours, go on a guided tour of the NATO bunker or simply enjoy the views.

- Aurora Spirit Distillery – open weekdays 12.00 – 15. 00, check their Facebook page for

Culture & Learning

Check out the "Arctic history trail" near the Distillery! It's free. Follow the marked path and learn about our Arctic heritage! Takes about 20-30 min. Level: Easy-medium. NB: Please be careful if you venture into the Second World War bunker (because it's dark and haunted).

updates before visiting. https://www.facebook.com/auroraspiritnorway
The distillery offers tastings, guided tours of the distillery and the NATO bunkers and many other activities. For more info, please visit: www.lyngen.com

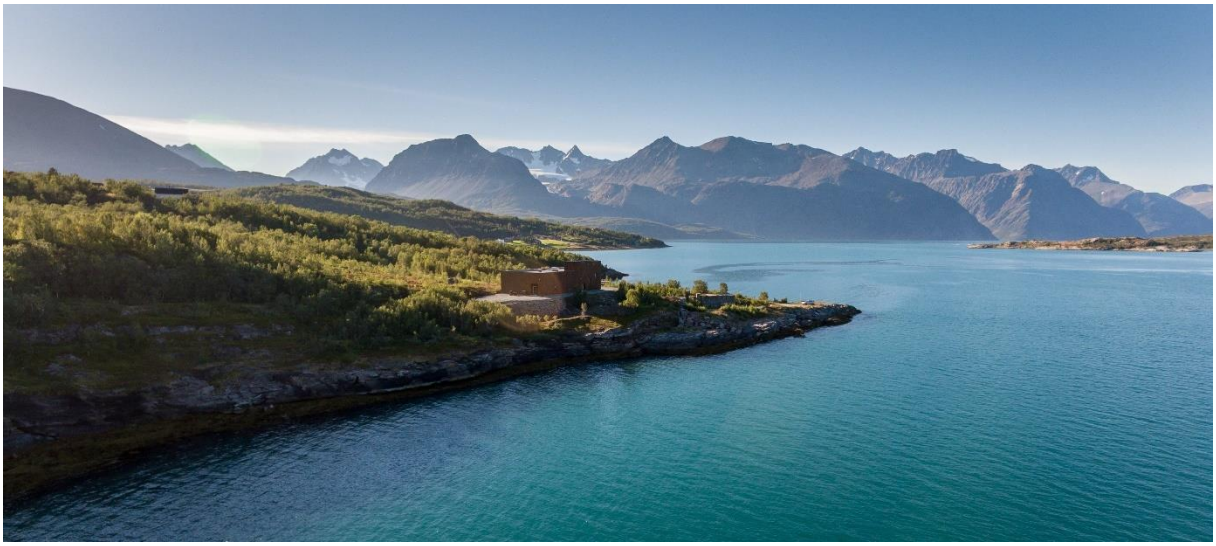


Photo: Aurora Spirit

Svensby

The distance from Lyngseidet to Svensby is 21 km. You can take the ferry from Svensby to Breivikeidet, from where it's a 45 km drive to Tromsø. The crossing takes about 20 minutes.

- Check fares and timetable at www.bjorklid.no

➢ ***Did you know that the ferry is for free if you are travelling on foot or by bike? You only pay for cars. This makes it more fun to travel by public transport and experience the Ullsfjord by ferry!***

Activities & Accommodation

➢ Rent a cabin or stay in your tent or caravan at Svensby Tursenter. They also offer guided bike tours and bike rental, tel. +47 917 09 936, www.svensbytursenter.no
➢ Live like a local and take a farm holiday at Solheim Farm, tel. +47 995 43 097, www.solheimgard.com

Nature Experience:

If you turn right on the road to Svensby Tursenter and continue up the hill, you will arrive at a car park. From here it's a 3.8 km walk to **Trollvatnet** – a lake and views of the Lyngen Alps. For a nice view of the fjord and surrounding mountains, we recommend the hike up to **Barheia**. Both paths are well marked. You can also park at the car park opposite the museum – Gamslett Gård.

- Read more about the hikes in our hiking guide.

Gamslett Gård – Photo: Ørjan Bertelsen/Nord Troms Museum

Culture & Learning: Explore historical Lyngen

The combination farm Gamslett Gård is situated by the fjord and will take you back in time. This is a farm featuring several buildings dating back to the 17th century.

The fishing/farming culture was a common way of life in North Troms until the 1950s. People lived on the natural resources available at different times of year. The most common was a combination of fishing, agriculture and harvesting what nature provided in the forms of berries, animals etc.

The museum is open during the summer.

- For more information: www.ntrm.no/museumsanlegg/gamslett/

Jægervatnet

After an 11 km drive from Svensby, you will arrive at the large lake **Jægervatnet**. The car park is a good starting point for hikes along the shore of the dark blue glacial lake or a trip by canoe or kayak, if you have one. From the water's edge, you can see the Midnight Sun on fine evenings from mid-May to mid-July. Just a few kilometres further, you will find another car park. This is a good base for various hikes such as the 4 km hike to the Jægervass cabin (a DNT cabin which you need a key for - https://ut.no/hytte/10972/jgervasshytta)

Accommodation:

- Lyngen Mountain Holidays, Holiday house & Guiding, tel. +47 464 68 267, http://lyngenmountainholidays.com/

Insider tips for foodies: Visit the Lyngmo farm shop

- Lyngmo Gård, Lattervikveien 373, 9146 Svensby. Buy bread and other baked goods, eggs and vegetables, tel. +47 480 51 743 / +47 414 67 159 https://www.facebook.com/Lyngmo-gaard-As-2196482937109197/

Detour: Eat the best and freshest shrimps at Lenangsøyra

You can make a detour from the main road to Lenangsøyra, which is 11 km from Jægervatnet. A highlight here is the **shrimp factory** (Lyngen Reker), which supplies shrimp products all over Scandinavia. These are extremely popular in Sweden but, if you visit the factory, you can buy fresh shrimps virtually straight from the fjord. Right next to the factory is a small Joker grocery shop and a petrol station.

- Contact Lyngen Reker on +47 77 71 10 30 if you wish to visit the factory.
- Joker Øra and the petrol station are open Monday to Friday 09.00 – 17.00 and on Saturdays 10.00 – 15.00, www.joker.no/Finn-butikk/Joker-Ora

Nature experience:
We recommend walking along the seashore to the amazing troll-like rock formations **"Trollene på Styrmannstø"**. Drive to the end of the road in Lenangsøyra, park your car and follow the path along the shore to the lighthouse. It's best to walk at low tide. NB: Park carefully so you don't prevent the local bus from turning around.

Accommodation:

- Lenangen Brygger, cabins and boat rental, tel. +47 913 95 123, www.lenangenbrygger.no
- Lyngen Sea Lodge, apartment, holiday house Grindvoll and boat rental, tel. +47 415 00 423, https://bit.ly/32hwdbj and https://bit.ly/30oPMwL

Sør-Lenangsbotn: Blåisvatnet – the most Instagram-friendly lake

Blåisvatnet - Photo: Lyngen Experience

Instead of driving towards Lenangsøyra, you can turn right towards “Lenangen”. Just after the turn, you will find a car park on your right-hand side by the sign “Lyngsalpan”. There is a toilet and fireplace here and it marks the start of the extremely popular hike to the glacial lake **Blåisvatnet (Blue Lake)**. The lake is 189 m a.s.l. The lake has an intense blue colour due to the glacial water and the ground conditions. The best time to make the hike is in the summer and autumn. We recommend hiking in the afternoon when the sun shines on the lake and the blue colour is at its strongest (weather permitting). The hike is approx. 4 km each way. The terrain is mostly flat, but much of the route is partly on an uneven stony surface and the final section up to the lake involves climbing over big rocks. Good shoes are recommended.

- Read more about the hike in our hiking guide.

Nord-Lenangen

In Nord-Lenangen, you will find a small **Joker** grocery shop that is open weekdays from 09.00 to 20.00 and on Saturdays from 09.00 to 15.00. The shop is also a petrol station and post office services. From Nord-Lenangen, it’s a 34 km drive to Svensby.

Accommodation and Activities:

- Green Gold of Norway, tel. +47 928 09 057, www.greengoldofnorway.com
- Lyngen Experience Lodge, tel. +47 969 91 999, www.lyngenenxperience.no

Lenangsstraumen

It's 2.8 km from Nord-Lenangen to Lenangsstraumen, where you can take a bite of local food in Johansens Gatekjøkken (fast food). Nearby is **XLyngen**, which offers accommodation and boat rental. They also offer guided hiking trips and other forms of activities, which require pre-booking.

Just a little further along the road, you will find other options for overnight stays, **Lyngen Fjordcamp** and **Lyngen Experience Apartments**.

Nature experience: Walk to the lighthouse at Lyngstuva

If you continue the final 7 km to the end of the road, you will reach Russelv. From here, a 3 km long path leads you to **Lyngstuva,** a small lighthouse on the northern tip of the peninsula. You will have an amazing view of the surrounding islands and, if you are there between mid-May and mid-July, this place offers the best view of the Midnight Sun in the entire area.

- Read more about the hike in our hiking guide.

Lyngstuva - Photo: Marie Angelsen

Eat and sleep:

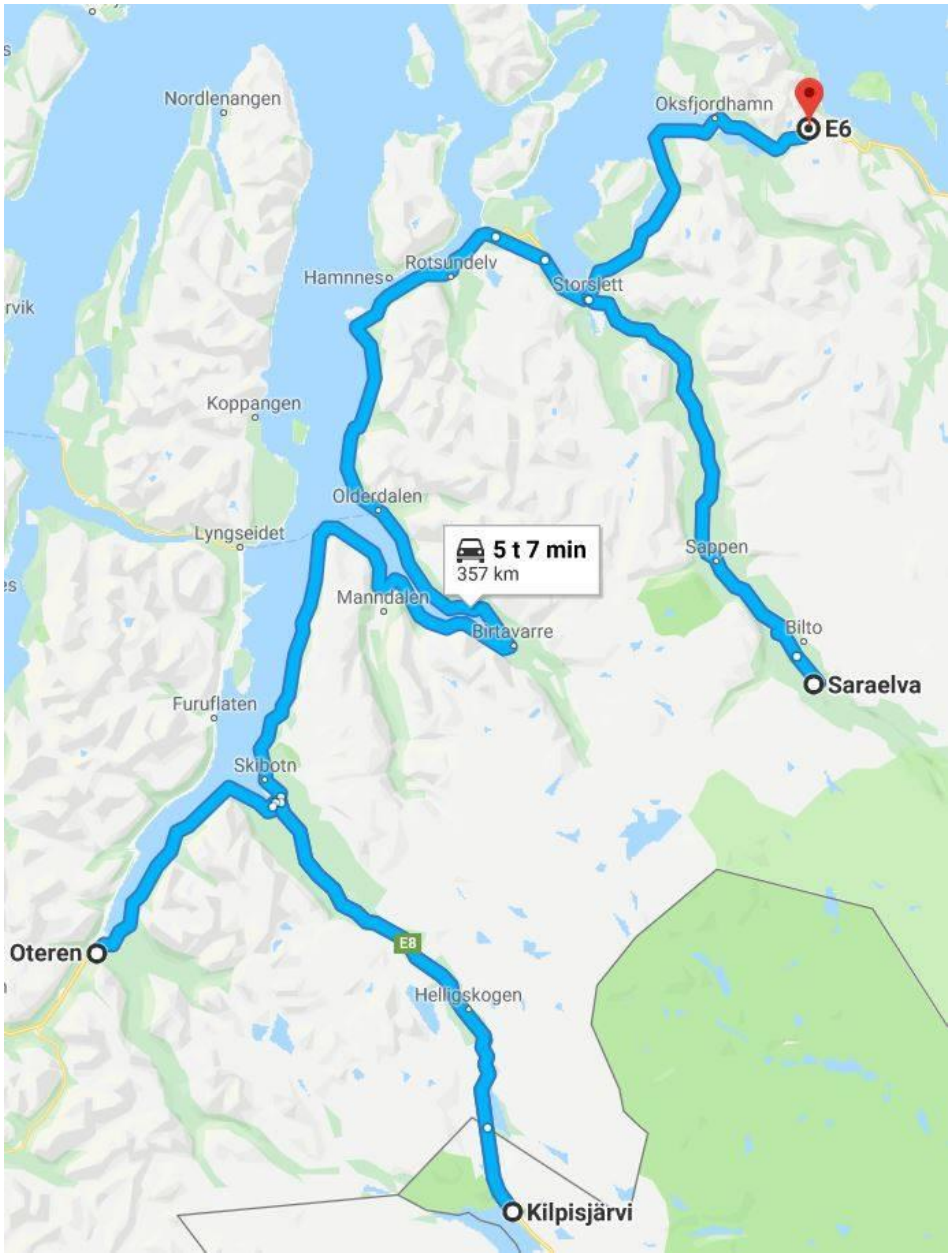
- Johansens Gatekjøkken (fast food) open Mon – Thu 18.00 – 22.00 and Fri – Sun 18.00 – 23.00 https://www.facebook.com/willysgatekjokken/
- XLyngen, tel. +47 94 05 59 93, www.xlyngen.no
- Lyngen Fjordcamp, tel. +47 971 65 210, http://lyngenfjordcamp.com
- Lyngen Experience Apartments, tel. +47 969 91 999, www.lyngenexperience.no

Activities:

- Book fishing trips, guided hiking trips and exciting winter activities at XLyngen, www.xlyngen.no
- Book boat trips and guided hiking trips at Lyngen Experience, www.lyngenexperience.no

EXPERIENCE THE LYNGENFJORD: FROM INLAND TO THE COAST

The E6 highway runs along the eastern side of the Lyngenfjord, from Oteren to the Kvænangsfjellet mountain. Get to know the history and culture of the Lyngenfjord region and experience the contrasts in the nature. We recommend you take some detours along the way, such as crossing the border to Finland, seeing the Gorsa Bridge in the Kåfjord valley or visiting the Reisa National Park. Don't rush past everything but use the time well to experience the nature and learn about the Lyngenfjord region.



Oteren

View of the Lyngenfjord with Oteren in the foreground – Photo: Jan R Olsen

Oteren is the first village your encounter when you enter the Lyngenfjord region from Tromsø/Narvik. You will pass a turnoff to Lyngseidet (further info about this route on page 11). Straight after this turnoff is the **Welcome Inn Hotel Lyngskroa** with a public restaurant and bar. The hotel has its own wine cellar featuring many different wines. The hotel consists of different buildings, which are connected by a glass "tunnel". This may be a more comfortable way to experience the Northern Lights in autumn and winter.

If you continue north towards Hatteng, we recommend stopping at the end (or for you, the beginning) of the Lyngenfjord, in this part of the region named Storfjord. In spring and autumn, many birds rest here on their way south or north. At this special place, the river **Signaldalselva** flows into the fjord and provides a lot of food for the birds.

- Welcome Inn Hotel Lyngskroa, tel. +47 77 71 50 00, www.lyngskroa.no

Hatteng

After approx. 4 km, you can turn off the E6 to Hatteng. If you keep driving on the E6 past the turnoff to Hatteng, you will find a rest area with a toilet and picnic tables. There is also an emptying station for caravans and camper vans.

After the rest area, there is a second turnoff to Hatteng (not clearly signed). If you turn off here, follow the sigh "Storfjord Kirke" to see a traditional wooden church from 1952. If you turn right towards Hatteng, you will pass the town hall on your right-hand side, before arriving at the **Coop Prix** supermarket and **Hatteng Grillbar & Camping**.

The small restaurant, Hatteng Grillbar, offers fast food as well as traditional Norwegian dishes. The supermarket offers everything necessary for day-to-day life.

- Hatteng Grillbar og Camping: Mon – Thu 16.00 – 21.00, Fri 16.00 – 22.00, Sat 14.00 – 22.00 and Sun 14.00 – 21.00, tel. +47 77 71 49 99
- COOP Prix & Hatteng petrol station: Mon – Fri 08.30 – 20.00 and Sat 09.00 – 18.00

Detour: Experience the valleys of Signaldalen and Kitdalen and the Three-country cairn

From Hatteng, you can take a little detour into Signaldalen and/or Kitdalen. Both valleys lie in front of the mountain Otertinden (1,356 m), which looks like the Matterhorn in the Alps. For the best view of the mountain, drive some way up the Signaldalen valley.

Otertinden – Photo: Bjarne Riesto/riesto.no/www.nordnorge.com

The **Signaldalen** valley is about 20 km long and can be explored around 11 km by car. Near the end of the road, you will find a farm called “Rognli Gård” where you can park your car and hike about 4 hours to the Gappohytta (http://ut.no/hytte/gappohytta). This cabin is operated by the Troms Turlag hiking association and requires a DNT key to open. From Gappohytta it’s about 12 km to another cabin, Goldahytta (http://ut.no/hytte/3.2399/), which is a good starting point to get to the Three-country-cairn (Treriksrøysa) where the borders of Norway, Sweden and Finland borders meet. This is the world’s northernmost three-country cairn.

- Further information about hike and cabins at www.dnt.no

The car park by Rognli Gård also has information about other possible hikes from this starting point.

Alternatively, you can drive 12 km into the **Kitdalen** valley. This valley is extremely popular among mountain bikers since you can bike up above the tree line. You can even bike over the top of the mountains and plateaus where you get to the next valley, **Skibotndalen**. The *"Lavkarittet"* (http://lavkarittet.no/) is a mountain bike race that use these spectacular, well-marked trails. The annual Lavkarittet race takes place each August.

Nature experience: A hike up the historical Bollmannsveien/Russeveien

Midway between Skibotn and Hatteng, you will find *Bollmannsveien/Russeveien*. This is a path built by Russian prisoners during Second World War leading up to a point 550 m above sea level. A reconstructed bunker marks the end of the trail. This family-friendly walk is mostly easy and offers spectacular views of the surroundings, including the Lyngenfjord. This is a great viewpoint for the Midnight Sun.

Signs along the route convey the story about the wartime in the Lyngenfjord region.

NB: Rockfalls may occur in the springtime due to snow melting and/or heavy rainfall.

There is a car park by the E6 marked with a sign "Krigsminne".

- Read more about the hike in our hiking guide.

Accommodation & Activities

- Lyngentourist, camping & sauna, ice bathing and more, tel. +47 41 22 66 09, www.lyngentourist.no

Detour: Cross the border and explore Finland

Before you reach Skibotn, right after crossing the Skibotn river you will find the turnoff for the E8 towards Finland. The border is about 38 km away and the village of **Kilpisjärvi** is 7 km past the border. In Kilpisjärvi you find a petrol station, supermarket, wine monopoly, sports shop and accommodation. During the summer, a boat service operates from Kilpisjärvi across the lake to the start of a 3 km path leading to the three-country cairn where the borders of Norway, Sweden and Finland meet. *Please note that Finnish time is one hour ahead of Norwegian time.*

- For more information about accommodation and activities in Kilpisjärvi, visit www.tosilappi.fi/en/about-enontekio/
- Adventure by Design - guided tours in Kilpisjärvi and the Lyngenfjord region, www.adventurebydesign.fi

Lulledalen Nature Reserve – A flora and fauna paradise

About 10 km after the turnoff to Finland, you will see a sign “Lulledalen”. Turn off onto the narrow road and drive to the car park. A 3.1 km path leads from there through the **Lulledalen** forest (Lulledalen skogsti). This path is a paradise for those who are interested in plants and flowers. You can find 16 different orchids along the path, including the ghost orchid (blooms August/September) or the lady’s slipper (blooms June/July). Information signs have been erected along the path.

Lady’s slipper - Photo: Marie Kr Angelsen

Helligskogen Fjellstue

On the right-hand side of the road 11 km before the border is the hostel **Helligskogen Fjellstue**.

- Helligskogen Fjellstue, tel. +47 901 26 133, www.helligskogen.no

Skibotn – a camping and mountain biking destination

The drive from Hatteng to Skibotn is approx. 23 km. About 4 km before Skibotn you will see a rest area by the fjord offering beautiful views of the Lyngen Alps and a chance to walk on the stony beach or towards the nearby **“Skibotn delta”** nature reserve, which is renowned for its birdlife and plants. You will also find toilet facilities at the car park.
Skibotn is known for its dry climate and there are numerous paths and trails to choose from for hiking and mountain biking. The most popular routes are to Hengen (waterfall) and Sledo. Park by the Skibotnhall on the E6 and follow the signs.

- Read more about mountain biking in our mountain biking guide and hiking in our hiking guide.

Before reaching Skibotn there is a **Circle K** petrol station on right-hand side of the road, which has a café section serving typical Norwegian fast food.
Directly opposite the petrol station before crossing the bridge over the Skibotn river is the local pub, **Broen Pub**. Check their Facebook page for opening hours and events.

Travelling with small explorers? Visit the climbing jungle!
The outdoor climbing jungle is located along the seaside promenade in Skibotn. You can park outside Skibotn Helse og Rehabilitering and follow the path for 550 m to Oksneset. From the car park, take the road/path on the right-hand side of the building, which leads you to the gravel road that runs along the fjord. There is a rest area with a picnic table close to the climbing jungle. This path is also pram and wheelchair friendly.

Skibotn has several camping grounds situated beside the Skibotn river or the fjord where you can park your caravan/camper van or pitch your tent. **Olderelv Camping,** which won the "Top Camping 2016" award, is open year-round and has cabins, a small restaurant (offers fast food as well as some traditional Norwegian dishes) and shop and a guest laundry. **Strandbu Camping** has a small kiosk, cabins, sauna, outdoor hot tub, grilling hut and a washing machine. To the right of the camping ground, a small path leads along the shore where you can see various bird species. **Skibotn Camping**, which is by the E6 just after Skibotn, has cabins and a Finnish sauna. The local supermarket, **Joker**, is situated in the centre of Skibotn.

Eat and Sleep:

- Supermarket Joker: Mon – Thu 09.00 – 18.00, Fri 09.00 – 19.00 and Sat 09.00 – 17.00 (extended opening hours during the summer)
- Broen Pub: Check Facebook for opening hours and events, www.facebook.com/broenpub
- Skibotn Market is arranged every year on the third or fourth weekend in June, http://www.skibotnmarked.no
- Camping grounds:
  - Olderelv Camping, tel. +47 77 71 54 44, www.olderelv.no, their restaurant offers fast food as well as some traditional Norwegian dishes.
  - Strandbu Camping, tel. +47 77 71 53 40, www.strandbu.no
  - Skibotn Camping, tel. +47 77 71 52 77

- The **Tourist information** office in Skibotn is located at Nordkalottsenteret (Johan Beck-veien 23) and is open Mon – Fri from 09:00 – 15:00

Marketplace, Skibotn - Photo: Maria Figenschau

Culture and learning: Skibotn Marketplace – 200 years of cross-border trade and meetings

Skibotn has been one of the major trading places North Troms since the 19th century. Merchants from Finland, northern and southern Norway and Sweden came to Skibotn to exchange goods like reindeer, fish and tools. The goods were sold in little wooden cabins. This tradition is revitalized annually with a market in the centre of Skibotn. Driving through Skibotn, you will spot one of the old sales cabins to the right of the church. The cabin is part of the Nord-Troms Museum and has an exhibition on the life and religion in the 19th century. The museum is open throughout the summer.

- For more information and opening hours, www.ntrm.no/museumsanlegg/skibotn

From Skibotn to Manndalen – a drive through dramatic surroundings

The route between Skibotn and Manndalen provides motorists with amazing scenery and great views across the Lyngenfjord and of the Lyngen Alps on the other side. After leaving Skibotn, you will see a stony beach inviting to picnics and swimming (for those who don't mind cold water ☺). Park by the road and walk down to the beach.
There are numerous parking bays along the road ideal for brief photo stops.

Culture and learning: Follow in the footsteps of Jan Baalsrud

If you are interested in history, make a stop at "Hotel Savoy" where Jan Baalsrud hid for a few nights from the Germans in the Second World War during his daring escape to Sweden. The small cabin is a replica of the original one, which was located just next to the one standing there today. The car park is not marked but is approx. 10 km north of Skibotn and is just after the municipal boundary between Storfjord and Kåfjord. It's the fourth parking bay on the left-hand side after driving through the Larsberg tunnel.

- Read more about Jan Baalsrud and his escape on our website https://visit-lyngenfjord.com/en/culture-and-museum-lyngen/Following-in-the-tracks-of-Jan-Baalsrud

- **Did you know that these dramatic surroundings involved a huge risk when travelling in the olden days? People living in this region must learn to estimate and control risks like avalanches and rockslide. Nordnesfjellet is one of the most monitored mountains in Norway. This monitoring occurs from the small hut by the road. A new Nordnes tunnel opened in 2018, meaning the motorists of today avoid these risks. At the southern end of the tunnel is a nice rest area with toilets, picnic tables and beautiful views of the Lyngen Alps.**

Manndalen – Experience the Coastal Sami Culture

One of the most popular attractions in Manndalen is the **Centre for Northern People** (Senter for Nordlige folk). The centre is idyllically situated in the Manndalen valley and aims to research and preserve the Sami and other northern cultures. Besides a library, the centre has a small museum and a café (open only on request or for special occasions).

- Centre for Northern People, www.senterfornordligefolk.no

Centre for Northern People - Photo: Ørjan Bertelsen

Riddu Riddu - Photo: Ørjan Bertelsen

Culture and Learning: Riddu Riddu festival

The indigenous festival, Riddu Riddu, takes place every summer, in mid-July. The festival is one of the biggest in the region and combines the music of different cultures. Artists come from all over the world to play under the Midnight Sun. Workshops, activities and a handcraft market are also arranged during the festival. Visitors can camp on the area next to the festival. For more information, please check www.riddu.no.

Furthermore, you will find a petrol station and two supermarkets (**Joker** and **Coop**) in Manndalen. Both are open Monday to Saturday. The local handcraft shop "**Husfliden - Grenebua**", is well worth a visit. You can get a memory from your holiday or a small gift for those who are waiting at home.

- Joker and Coop: Mon – Fri 09.00 – 20.00, Sat 09.00 – 18.00. Coop also has a digital tourist information site.
- Husfliden: Open 10.00 – 15.00 on Mon, Wed, Thu, Fri and Sat, tel. +47 77 71 62 73 - https://manndalen-husflidslag.no/

There are two places to stay in Manndalen. **Manndalen Sjøbuer** rents out cosy cabins right on the water's edge that offer amazing views. Various activities like hiking or boat trips can be booked here. Close by you will find **Løkvoll Camping**. It's also right by the fjord and has cabins, space for caravans/camper vans, bike rental and a grilling hut.

Accommodation and Activities:

- Manndalen Sjøbuer/Activities: Henrik Solberg, tel. +47 41 60 47 38 www.sjobuer.no
- Løkvoll Camping, tel. +47 467 81 933
- Lyngen Boat, fishing trips or sightseeing by boat, tel. +47 975 39 277, www.lyngen-boat.no

Nature experience:

If you drive to the end of the Manndalen valley, you can choose between various hiking routes. One option is hiking to the small cave **Baalsrudhula**. This is where Jan Baalsrud hid for some time during his daring escape from the Germans in the Second World War. We recommend buying a map at one of the local shops: Turkart Kåfjord, 1:50 000.

- Read more about Jan Baalsrud and his escape on our website https://visit-lyngenfjord.com/en/culture-and-museum-lyngen/Following-in-the-tracks-of-Jan-Baalsrud

Skardalen

If you drive a further 6 km towards Birtavarre, you will reach **Skardalen**, a small Coastal Sami village. Skardalen is renowned for its cultural landscape as it has traditions in farming, fishing and *douidji* (traditional Sami handicrafts) dating back several centuries. We recommend stopping here and going for a walk. Park in the parking bay on the upper side of the E6. If you want a longer walk, follow the “Ut i Nord” sign into the Skardalen valley.

When you continue driving towards Birtavarre, you will find a nice car park between the two tunnels. As well as amazing views, there are picnic tables, barbeques and toilet facilities.

Birtavarre

Approx. 16 km after leaving Manndalen, you will reach the end of the Kåfjord, a branch of the Lyngenfjord. Near the turnoff to Birtavarre is **High-North Camping** where you can rent a cabin or buy fast food (open in the afternoon during summer). When you continue, you will see a petrol station and **Joker** shop on your left. B are open daily, including weekends. Joker also has a café serving “meal of the day” and other dishes. A couple of hundred meters further, you can find a **Coop** supermarket that sells groceries, building supplies and offers **post office** services. You will find virtually everything you need here.

Opposite from Coop, you find another **Husfliden** selling local handcraft. You will find a small medical centre (*Helsestasjon)* approx. 500 m further into the valley, if necessary (tel. +47 479 72 797).

- Joker & Cafe: Mon – Sat 09.00 – 22.00, Sun 12.00 – 22.00 – you will also find a digital tourist information site, www.facebook.com/Kafebirtavarre
- Coop Marked/Coop Byggmix: Mon – Fri 09.00 – 19.00, Sat 09.00 – 18.00
- Handcraft & Souvenirs - Husfliden: Sat 11.00 – 15.00, tel. +47 918 82 567
- High-North Camp Birtavarre, tel. +47 77 71 77 07, http://eng.high-north.com/camp-birtavarre/

Detour: Experience the beautiful Kåfjord valley, the mining community at Ankerlia, the spectacular Gorsa bridge and Halti

Kåfjorddalen - Photo: Georg Sichelschmidt

If you turn off the E6 and drive into the valley of Kåfjorddalen, you will dive off the beaten track into an area that offers numerous possibilities to explore the mountains, go hiking and cycling and get an insight into the Coastal Sami culture. Throughout the 20th century, mining was one of the major income generators in the valley**.** You can still see the consequences of the mining. The area is marked by old trees that died from the poisonous sulphur smoke, weathered ruins of melting huts and houses. Old paths, the remains of former cable cars and the old entrances to abandoned mines add to the mystery of this old mining place. Everything is described in detail when you reach the car park at **Ankerlia**, approx. 10 km from Birtavarre. When the paved road ends, follow the restored gravel road to the car park. After parking your car, walk across the bridge and follow the path about 500 m to an old mining area. You will find numerous signs about the history of the place, while many other hiking routes are also well signposted.

For those who seek an adventure, we recommend walking up to the Moskkugaisi Mines. The path is steep and winds up into the mountains. You can see remnants of old cable cars and other items that provide a reminder of the mining era in this area. Follow the path up to an altitude of 800 m a.s.l. You can also make a detour to admire the Ørnedalen valley, which falls 600 m sharply down, but be extremely careful as there are no barriers!

The most popular trip begins in Ankerlia and leads through the old ruins along the river up into the mountains to the Gorsa bridge. The first section of the path goes gradually uphill, but the last part is rather steep. After two hours, you will reach the bridge that crosses 153 m above the canyon. After crossing the bridge, it's a 1.2 km walk on the other side back to the upper car park.

- Read more about the hikes in our hiking guide.

  - **Insider tip**: On Saturdays, in the summer season, you can try bungee jumping off the bridge. Advance bookings are necessary, www.bungee.no, tel. +47 908 70 977

Starting from the car park in Ankerlia, you can continue driving on the upgraded gravel road. The road is winds up into the valley and includes on an old wooden bridge across a canyon. About two curves later, you can park and walk 1.2 km to the **Gorsa bridge**. If you continue driving, you will reach treeless plateaus where you can see sheep and reindeer. You can continue driving into the mountains until you come to an intersection (10 km to Ankerlia) and soon you will see a lake, **Guolasjavri**. The road follows the shore to the south-eastern end of the lake (18km from Ankerlia). There is a car park here, which is a perfect base for other hiking options. You can hike up Halti, which is Finland's highest mountain (1,361 m) or in the direction of the Reisa valley and the Reisa National park. This is a wonderful hike, but we recommend using a map (Turkart Kåfjord 1:50 000 or Turkart Nordreisa 1:100 000) since there is no mobile phone coverage and few signs.

Olderdalen

It's a 19 km drive from Birtavarre to Olderdalen. When you arrive in Olderdalen, a small red wooden church (Kåfjord Kirke from 1949) on your right-hand side welcomes you. The ferry to Lyngseidet departs from the centre of Olderdalen. The ferry crossing over the Lyngen fjord takes about 45 minutes and costs NOK 165 (2019) for a car (up to 6 m) and driver. Passengers travel free of charge. For the timetable and other fares, please check www.bjorklid.no

- ***Did you know that the ferry is for free if you are travelling on foot or by bike? You only pay for cars. This makes it more fun to travel by public transport and experience the Lyngenfjord by ferry!***

There is a small kiosk at the ferry pier selling simple, fast food dishes. If you continue to the village, you find a small **Coop** supermarket selling groceries, everything you need for day-to-day life and fishing gear. Furthermore, there is a garage/mechanic, florist and petrol station in Olderdalen. **Håkon Gjestehus** and Café, a small but modern and cosy guest house, is situated beside the petrol station. The owner takes care of her guests and serves homemade Thai and Norwegian food in the café from Monday to Sunday.
Just north of Olderdalen is Olderdalen Ski camp, which rents out two cosy apartments. If you are a mountain biker or a ski tourer, they provide the facilities you are looking for, www.olderdalenskicamp.no

- Coop Marked: Mon – Fri 10.00 – 18.00, Sat 09.00 – 15.00
- Kiosk next to the ferry: Mon – Fri 08.00 – 21.00, Sat 10.00 – 21.00, Sun 12.00 – 21.00
- Petrol Station: Open 24 hours, but only card payment possible. The small shop at the petrol station is open Mon – Fri 09.00 – 20.00 and Sat – Sun 10.00 – 20.00
- Garage – Mekonomen, tel. +47 77 71 84 54
- Håkon Gjestehus (guest house) & Café, tel. +47 995 88 635
  Opening hours Café: open daily from 12:00 – 18:00 in the summer (closed in the winter)
- Olderdalen Skicamp: Olderdalsveien 429, 9146 Olderdalen. For booking: https://bit.ly/32FRbkH
- Ferry timetable and fares: http://www.bjorklid.no/

Nordmannvik

It's a 10 km drive from Olderdalen to Nordmannvik. Before crossing the bridge at the beginning of Nordmannvik, you will see a car park on your right-hand side. A small map here shows hiking options in the Nordmannvik valley.

Accommodation:

- Lyngen Fjordbuer: Ingar Lyngmo, tel. +47 909 47 452, www.lyngenfjordbuer.no

Djupvik – Spåkenes

After a further 9 km you will arrive in Djupvik. Djupvik is quite stretched out and offers different forms of accommodation, including Artic Lyngen Sjøcamp and Lyngen Lodge. There is also a small general store in Djupvik. There are several hikes starting in Spåkenes and Djupvik. Read more about the hikes in our hiking guide.

Midnight Sun at Spåkenes - Photo: Georg Sichelschmidt

- Stay in a glass igloo at Lyngen North, tel. +47 466 40 669, www.lyngen-north.com
- Artic Lyngen Sjøcamp, accommodation in cabins, caravan parking and café, tel. +47 417 69 069, www.artic-lyngen.no ,
- Lyngen Lodge, tel. +47 47 62 78 53, www.lyngenlodge.com
- Basecamp Djupvik, holiday house, tel. +47 455 05 616, https://bit.ly/2YcP9Je
- Shop in Djupvik: Open Mon – Fri 09.00 – 16.00, Sat 09.00 – 14.00

Insider tip for foodies: On days when the local fisherman docks at the pier in Spåkenes after returning from fishing, you can buy fresh shrimps (in Norwegian *reker*) directly from his boat.

Spåkenes - Photo: Georg Sichelschmidt

If you drive around the peninsula, on the way to Slottet Gård you will pass a sign showing the way to a viewpoint and bird watching. If you walk down this road, you will reach this viewpoint and bird watching shelter. More than 60 different species of birds have been observed here. This place offers wonderful views, especially if you want to enjoy the Midnight Sun.

Insider tips for foodies: A road leads around the entire Spåkenes peninsula (follow the sign in Djupvik to the left into direction of Spåkenes). There is not much traffic on this road so it's ideal for short walks. Almost at the end, on the other side of the peninsula, the farm **Slottet Gård** sells dried and smoked fish.

- Slottet Gård. Call +47 907 64 528 in advance, https://www.facebook.com/slottetgard/

Are you looking for some accommodation that is out of the ordinary? At Spåkenes you can spend the night in specially designed glass igloos, which provide a unique view of the Lyngenfjord and the Northern Lights (autumn/winter/spring). The guests at **Lyngen North** get their own "Northern Lights observatory". It's the perfect place for a romantic getaway.

- Lyngen North, tel. +47 466 40 669, www.lyngen-north.com

Culture & Learning: The historic Spåkenes coastal fort

The Spåkenes peninsula is a good place to do some short walks. When you drive north from Djupvik, you will see a car park with toilets on your right-hand side. From there, walk back around 300 m until you see a path leading into the forest on your right. You could park here as well, but the local authorities prefer that you don't. The path is about 2 km long and leads to an old fort from the Second World War. You can still see the remains of the bunkers and gun emplacements.

- Read more about Spåkenes on our website: https://visit-lyngenfjord.com/en/nature-based-attractions-lyngen/Spaakenes

Rotsund

The village of Rotsund lies in the southern part of Rotsundet, a fjord arm of the Lyngenfjord. You can take the ferry from here to Havnnes (see below) or stay on the E6 to Storslett, the National Park Village.

- VILT, tel. +47 968 93 016, offers guided nature walks

Detour: Havnnes – Norway's northernmost preserved trading post

A short ferry ride across the Rotsund gives you access to Uløya. This island has two villages, Havnnes and Uløybukt. **Havnnes** is located on the western side of the island, a short ferry ride from Rotsund, while **Uløybukt** is on the eastern side and is a 40-minute trip by ferry. There is no road between these two communities. You can park your car at the ferry pier on the mainland and explore the island on foot or bring your car and spend some time exploring the island. There are several marked hiking trails on the island and it's also a popular destination for off-piste skiing.

Photo: Havnnes Handelssted

- Check the ferry timetable at www.tromskortet.no

At the southernmost point of Uløya, where the Rotsund opens out into the broad Lyngen Fjord, you will discover Havnnes, which is strategically positioned with a panoramic view in all directions. Havnnes is **Norway's northernmost preserved trading** place still in operation. Most of the buildings are from around 1800. It is described as one of the country's most beautifully situated trading places with the magnificent Lyngen Alps rising almost straight from the fjord to the west. In 2014 Havnnes Handelssted was awarded the prestigious St. Olav's rose, the hallmark Norwegian cultural heritage experiences.
This detour to Havnnes offers cultural heritage, everyday coastal life and great views. Havnnes has a small general store and offers accommodation, fishing and boat and bike rental.

- Havnnes Handlested, tel. +47 77 76 44 00 https://lyngen-havnnes.no

➢ **Did you know that the ferry is for free if you are travelling on foot or by bike? If you wish to experience Havnnes, you can easily travel by ferry across the Rotsund.**

Near the other end of Uløya is the village of Uløybukt where a handful of locals live year-round. Many people also have cabins and holiday houses in the area. At the **Arctic Panorama Lodge** in Uløybukt, you can stay in beautiful surroundings with great views of the fjord and the mountains across the fjord. A restaurant, bar and spa section complement the lodge, while a wide range of activities are on offer for the lodge's guests. You can also stay at **Lyngen Outdoor Centre**, which offers sea fishing and ski touring packages. There are several popular and easily accessible summit hikes/ski trips at both Havnnes and Uløybukt.

- Arctic Panorama Lodge, tel. +47 941 31 352, http://www.arcticpanorama.com
- Lyngen Outdoor Centre, tel. +48 533 888 174, https://en.lyngen-outdoor.com/
- Read more about the hikes in the summer in our hiking guide

Uløybukt – Photo: Lyngen Outdoor Centre/Marzena Hmielewicz

Rotsunddalen

If you drive past the ferry pier and continue along the E6 for 3 km, you can turn right onto a smaller road. If you follow this road, you will arrive in the **Rotsunddalen** valley. This road is bumpy, so drive carefully. You will soon spot the Rotsund Chapel, a red church building built in 1932. The chapel served as living quarters for German soldiers during the war. You can still see traces of this inside.

Pilteridalen i Rotsund

Nearby is **Rotsundelv Camping**, which has basic cabins and sites for caravans and camper vans right by the Rotsund river.

- Rotsundelv Camping, tel. +47 77 76 41 24

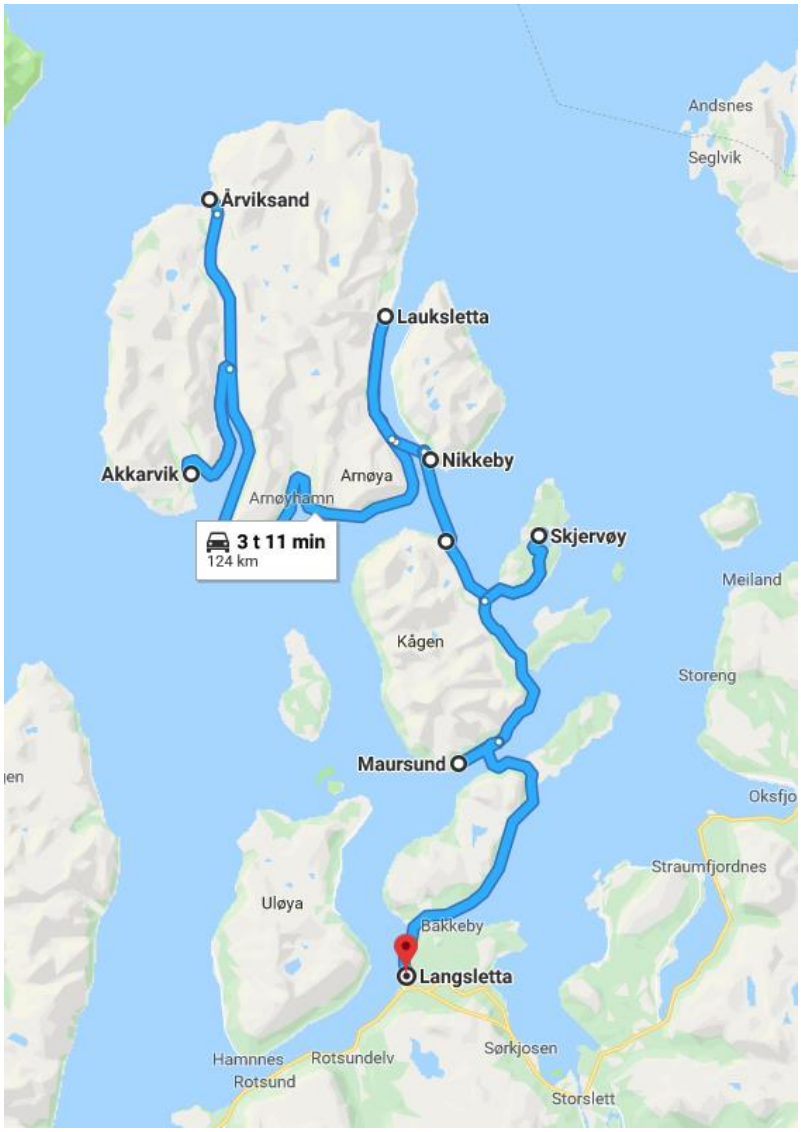
Nature experience: Pilteridalen

Rotsunddalen is a great starting point for hikes, and a nice alternative is the hike to the historic Pilterigammen (an old hut) in the beautiful Pilteridalen valley. If you would prefer a shorter walk, you can walk as far as Fiskarhollet by the river where you will find a rustic shelter, benches and tables. This is about halfway. The hikes follow the river and start at the end of the road in the Rotsunddalen valley.

- For more information: https://www.ut.no/tur/2.4749/.

EXPERIENCE THE ISLANDS OF SKJERVØY

This drive takes you from the mainland towards the coast and islands of Skjervøy. Along this route you will experience the real northern Norwegian coastal culture. The Skjervøy archipelago consists of many islands of various sizes. Some are inhabited, while others are not. The centre is the fishing village of Skjervøy. From the ferry pier at Storstein, you can take the ferry to the islands of Arnøya and Laukøya.



Ravelseidet, Bakkeby and Latteren

To get to **Skjervøy**, turn off the E6 highway at Langslett onto route no. 866. You will pass **Indre Ravelseidet** and, if you take a detour to your left at the crossroad 3.5 km from Langslett, you can follow the road along the bay to **Ytre Ravelseidet**. If you follow route no. 866 another 2 km, you will arrive in Bakkeby at the head of the Ravelseidbotn fjord. If you turn right there, you can make a detour out towards **Latteren** passing the shipyard Olsens Verft, which has been in business since 1923. If you remain on route no. 866, you will soon pass Seljeholmen, the small tree-covered island in the fjord. In former times, the island was used as a place to grow potatoes and woodcutting. According to local legend, there was once a church on the island.

Hamneidet

After a further 9 km, you will reach Hamneidet, which has a large marina and a nice place for deep-sea fishing.

Gjøvarden – Photo: Georg Sichelschmidt

Nature experience: Gjøvarden

En route to Skjervøy, you can make a stop and hike up to Gjøvarden (531 m a.s.l.) Start from the marked car park on the fjord side of the road, just before Hamneidet. An information board and map have been erected, the start is marked with a “Ut i Nord” sign and the path is clearly visible. At the top, you will have a panoramic view in all directions.

- Read more about the hike in our hiking guide
- You can also ride your mountain bike on this path. Read more in our trail guide about paths in Nordreisa.

From the mainland to Kågen

The road from the mainland to the island of **Kågen** goes through an undersea tunnel across the strait of Maursundet. Kågen is an eldorado for skiers in the wintertime and, as the snow remains well into the spring, you can also ski under the Midnight Sun. From Kågen you have the choice of driving to **Skjervøy** or taking the ferry across to the island of **Arnøya** from the

ferry pier at Storstein. If you wish to travel to Arnøya, turn left at the crossroad onto route no. 869 and follow the “Laukøy/Arnøy”, which feature the ferry symbol, to the ferry pier.
If you would prefer to drive to Skjervøy, stay on the main road after the turnoff.

- Check information about the ferry on www.tromskortet.no (look for the route Storstein – Nikkeby – Lauksundskaret)

Culture and learning: Visit Maursund Gård, a former trading post in Skjervøy

At the southern tip of Kågen you will find the farm Maursund Gård idyllically set down by the fjord. If you would like to visit Maursund Gård, turn right after leaving the tunnel and follow the signs to “Maursund”. If you are driving from Skjervøy, drive 15 km on route no. 866 and turn off to Maursund midway between the Kågen tunnel and Maursund tunnel.
After 2.5 km you will reach Maursund Gård, where you can experience an authentic trading post with roots dating back to the 17th century. Maursund Gård had a strategic location for maritime trade. This made the area attractive for the Trondheim merchants who started the business. The economy was based on a combination of farming, fishing and a large-scale trading by traditional cargo ships. Today, the museum area consists of a reconstructed boathouse and the elegant main house.

- Nord-Troms Museum, tel. +47 975 58 330
  https://ntrm.no/museumsanlegg/maursund

➢ **Did you know that the ferry is for free if you are travelling on foot or by bike? If you wish to experience the islands of Arnøya and Laukøya, you can easily travel by ferry.**

Photo: Ørjan Bertelsen/Nord Troms Museum

Skjervøy – the coastal town facing the open sea

To reach Skjervøy from Kågen, you drive across the Skattørsund bridge. Note that it's a single-lane bridge, so wait if there is oncoming traffic or, if necessary, stop at the meeting place in the middle of the bridge. Just after crossing the bridge, you can take a **short walk along the cultural trail at Skattøra**, which is well marked. You can see remains of settlements from the Stone Age, 17th century and 19th century. The path features information signs and rest areas with fireplaces. When parking your vehicle, ensure it does not block the traffic.

From the cultural trail at Skattøra, you continue up across Langbakken and, when the road turns northwards, you will pay the bay of Hollendervika on your right-hand side. The fishing village of Skjervøy has an idyllic seaside location and several nice shops and place to eat. Skjervøy is an important place for fishing and maritime interests in the region and you will see several fishing vessels at the port. The **aquaculture company Lerøy Aurora** is also based here, and their processing plant provides important jobs for the locals. Skjervøy is one of the main centres for fish production and aquaculture in Northern Norway. You can visit the visitor centre, **Aurora Salmon Centre**, to learn more about how Lerøy Aurora works, to gain an insight into modern aquaculture in the region and visit a salmon farm.

- Aurora Salmon Centre, tel. + 47 916 39 526, www.aurorasalmoncentre.no

På Hjørnet is a cosy café in the centre of Skjervøy serving coffee, salads, various pastries, baguettes and light meals. They also have an amazing assortment of cakes. Another centrally located eatery is **Kasjotten**, which serves dinner and light meals. This restaurant is next door to **Ocean Bar**, a bar and disco which is open during the weekend.

Eat and Sleep:

- På Hjørnet Kafé: Open Mon – Fri 09.00 – 18.00 and Sat 10.00 – 15.00, tel. +47 77 76 06 02
- Kasjotten Restaurant: Open all week 15.00 - 22.00. They serve fish and meat dishes, pizza and various salads, https://www.facebook.com/kasjottenrestaurant/
- Ocean Bar: Fri - Sat 10.00 – 02.00, https://www.facebook.com/oceanbar1/
- Kaien Skjervøy serves Norwegian traditional food, pizza and fast food. Open daily 15.00 – 21.00
- Hotel Maritim has a café menu, dinner of the day and á la carte menu, tel. +47 77 76 03 77, www.hotell-maritim.no

- Skjervøy Fiskecamp, +47 907 24 555, www.skjervoy-fiskecamp.com

Culture and learning: Visit Seppalatunet and learn more about Skjervøy's history
Seppalatunet is situated in the centre of Skjervøy. This doubles as a shop where you can buy local products from Northern Norway and a gallery featuring work by local artists. Seppalatunet has several exhibitions primarily conveying the story of the world-renowned musher (sled dog driver), Leonhard Seppala. He grew up in Skjervøy and travelled to USA in 1900 where he became a famous dog musher. He was especially honoured for his incredible efforts during the "Serum Run" to Nome in Alaska in 1925, when he transported serum to save the epidemic ridden town.
You will also learn more about when Skjervøy was the first port of call by "Fram" in 1896 when the legendary polar explorer Fridtjof Nansen returned to Norway after his expedition to the North Pole.

- Seppalatunet, tel. +47 951 44 892, www.visit-lyngenfjord.com/en/culture-and-museum-lyngen/seppalatunet_skjervoy

➢ ***Did you know that Skjervøy church is the oldest wooden church in Troms and Finnmark? It was built in 1728 with the purpose of christening the Sami population. If you are strolling through Skjervøy, it's worth a visit.***

Other shops in Skjervøy:

- Sport´n (sports store): Mon – Fri 09.00 – 16.00, Thu 09.00 – 18.00 and Sat 10.00 – 15.00, tel. +47 77 76 07 40
- Wine monopoly: Wed 12.00 – 16.00, Thu – Fri 10.00 – 16.00 and Sat 10.00 – 15.00
- Shell petrol station: Mon – Fri 08.00 – 16.00 (can fill 24/7 if paying by credit card)
- Skjervøy Pharmacy: Mon – Fri 08.30 – 16.00, Sat 10.00 – 15.00.
- MIX Witon kiosk: Mon – Sat 09.00 – 23.00, Sun 10.00 – 21.00
- Møbelringen Skjervøy (furniture store): Mon – Wed and Fri 10.00 – 16.00, Thu 10.00 - 18.0, Sat 10.00 – 15.00
- Skjervøy Asvo, the second-hand shop "Bevares": Mon – Fri 08.30 – 15.00, Sat 10.00 – 15.00
- Extra Skjervøy (supermarket): Mon – Sat 07.00 – 23.00
- Rema 1000 (supermarket): Mon – Sat 07.00 – 23.00, Sat 08.00 – 21.00

Detour: Experience more of the islands or continue your journey on Hurtigruten

Skjervøy is a port of call for both the northbound and southbound Hurtigruten every day. If you wish to see more of the coast of Northern Norway, we can recommend travelling by Hurtigruten for part of the journey. You can also take the local express boat from Skjervøy to Karlsøy, Burfjord or Tromsø. The express boat is a nice way of travelling, as you get great views of the sea and fjords while travelling.

- For tickets and more information about Hurtigruten: https://www.hurtigruten.no/
- See timetable and fares for the express boat from Skjervøy: https://www.tromskortet.no/hurtigbater-troms-2019/category889.html

Detour: Go on an affordable fjord cruise on the local express boat

The locals use the express boat **MS Kvænangen** to travel from A to B. If you are visiting the Lyngenfjord region and wanting to see as much as possible of the fjords and coastal life, this boat is a gem for travelling on a one-day cruise! A round trip on the express boat enables you to see the islands around Skjervøy as well as the islands and villages in the Kvænangen fjord that have no road connection with the outside world. There are several options to stop on the islands for a short visit or an overnight stay or you can go on the round trip from Skjervøy to Burfjord and back again.

- For more information about departures and fares on express boat route no. 9, check Tromskortet: https://www.tromskortet.no/hurtigbater-troms-2019/category889.html

The most wonderful winter adventure: Whale watching safari outside Skjervøy

Skjervøy has become a known destination for whale watching safaris. During the winter of 2017 the herring migrated northwards from the coast outside Tromsø and northwards towards the Lyngenfjord. The past few winters, there has been considerable activity involving humpback whales and orcas outside Skjervøy. If you wish to have a close-up experience with the whales, we recommend going on a whale watching safari. The season varies from year to year, but we can often see the whales from late October until late January. Read more about whale watching safaris on our website.

- Green Gold of Norway runs whale watching safaris from Skjervøy, tel. +47 928 09 057, www.greengoldofnorway.com

- Skjervøy Havsafari runs whale watching safaris from Skjervøy, tel. +47 944 22 122, www.visit-skjervoy.no
- Storstraumen Adventure runs whale watching safaris from Skjervøy, tel. +47 922 39 273, www.storstraumen.no
- XLyngen runs whale watching safaris from Nord-Lenangen, tel. +47 77 71 35 00, www.xlyngen.no
- Arctic Panorama Lodge runs whale watching safaris for their guests, tel. +47 941 31 352, www.arcticpanorama.com

Nature experience: Engnes – northernmost on the island Skjervøy

Engnes at the northern tip of the island Skjervøy is a gem of nature! The hike provides you with panoramic view of the open sea, while the Engnes coastal fort bears witness to the Second World War. Follow the trail in a north-easterly direction. You will follow and old dirt road built by the Germans all the way out to Engnes and the ruins of the coastal fort. Bring a torch and explore the old tunnels in the mountainside. Return via the same route or a detour via the peak "Trollet". If you choose the latter, you will be rewarded with wonderful views of the open sea, Skjervøy and the islands of Arnøya and Laukøya. Follow the well-marked path back to the sports field. In the summer, the path is pram friendly and many ride mountain bikes out to the fort. In the winter, a cross-country ski trail is prepared part of the way.

- Read more about the hike in our hiking guide

Detour: Visit the islands of Laukøya and Arnøya by ferry

The islands of Arnøya and Laukøya are accessible by the ferry from Storstein. The trip takes approx. 20 minutes and the ferry timetable is posted at the pier and on www.tromskortet.no. (Check the route for Storstein – Nikkeby (Laukøya) – Lauksundskaret (Arnøya).) There are several small villages on the islands and the main livelihood is fishing and aquaculture. The village **Nikkeby** on Laukøya has a permanent population of 10!

Arnøya – A paradise if you are looking for wild and amazing nature

If you take the ferry to **Arnøya**, you will see a unique Arctic landscape. The island's nature and landscape were formed during the Ice Age, as indicated by the U-shaped valleys, high alpine peaks, sandy beaches, cliffs and moraine. The moraine in the **Tyvdalen Landscape Protected Area** at Laksletta is especially clear. Arnøya provides a great playground for

outdoor activities, while the island is especially popular among ski tourers and hikers. Choose between several marked hiking routes. Hunters flock to the island in the autumn during the season for hare and grouse hunting (10 Sept. – 31 Dec.) and hunting with dogs is permitted (1 Oct. – 31. Dec.).

Lauksletta

The ferry arrives in Lauksundskaret and you can drive north on route no. 357 to Lauksletta. You will pass Arnøy Laks, an aquaculture company that is one of the island's main employers. You stay in Lauksletta at Lauksletta Overnatting, a small hostel offering accommodation in rooms and apartments where you will receive typical northern Norwegian hospitality and good food. The hosts are more than happy to share stories about the way of life on the island. You can also rent boats for deep-sea fishing.

- Lauksletta Overnatting, tel. +47 920 89 824, https://www.facebook.com/LaukslettaOvernatting/

Arnøyhamn and Årviksand

If you drive in the other direction when exiting from the ferry, you will follow the road along the shores of the Kågsundet towards Arnøyhamn. In **Arnøyhamn** you can visit the cosy grocery store "**Bygdebutikken**". If you travel by express boat from Skjervøy or Tromsø to Arnøya, this is where you would disembark. If you drive around the southern tip, you will then follow the shores of the Langfjorden. At the head of the fjord, you can turn left and drive to the end of the road at **Akkarvik**. (Be aware of the bad road conditions so drive carefully.) Alternatively, you can continue north to **Årviksand**, the northernmost village on the island and in the entire Lyngenfjord region. This small village faces the open sea and is a great place to see the Midnight Sun or go deep-sea fishing. Several businesses rent out fishing boats and equipment. You can buy groceries at **Matkroken**. As well as a shop, there is a small café where you may pre-order meals. You can stay at **Visit Årviksand**, which has holiday houses and modern cabins with panoramic views of the sea just a stone's throw from the beach. They also offer boat rental.

- Visit Årviksand, tel. +47 412 19 911, https://bit.ly/2Z95mw8
- Matkroken Årviksand: Mon – Fri 10:00 – 16.30 and Sat 10.00 – 14.00, tel. +47 777 62 510, https://www.facebook.com/matkrokenarviksand
- For more information about the express boat, please visit: www.tromskortet.no
- Bygdebutikken in Arnøyhamn: Open Mon – Fri: 10:00 – 18:00 and Sat 10:00 – 15:00.

The kiosk is open Friday 20.00 – 21.00 and Sunday 17.00 – 18.00, tel. +47 482 42 846 (Ann-Therese) +47 468 95 877 (Tim), https://www.facebook.com/groups/1061025490593093/

Culture and Learning: Learn more about the life on the coast and deep-sea fishing from Edmund

Edmund's combination farm museum in Årviksand is a private museum featuring a lot of fishing equipment, boats and farming objects mainly from Skjervøy. The museum is open for guided tours by arrangement year-round.

- Edmund, tel. +47 907 04 157, https://www.facebook.com/groups/1660646527500801/

Nature experience: Go on an easy hike in Årvikmarka or a longer hike to Rotvåghula

Årvikmarka: The hike starts from the community hall in Årvik. Follow the well-maintained gravel path towards the valley and the ruins of the old electric power plant, which provided electricity to Årviksand a long time ago. The gravel paths, bridges and rustic shelters have been built by the local community on a volunteer basis for everyone's enjoyment. The path is pram and wheelchair friendly.

Rotvåghula: This is a spectacular and challenging hike for the more adventurous. It offers wonderful views of the open sea, dramatic war history and quite a climb. A plaque has been erected at the Rotvåg Cave in memory of the partisans who hid here while they spied on the German shipping – in constant fear of being discovered. You can crawl down into the cave if you wish.

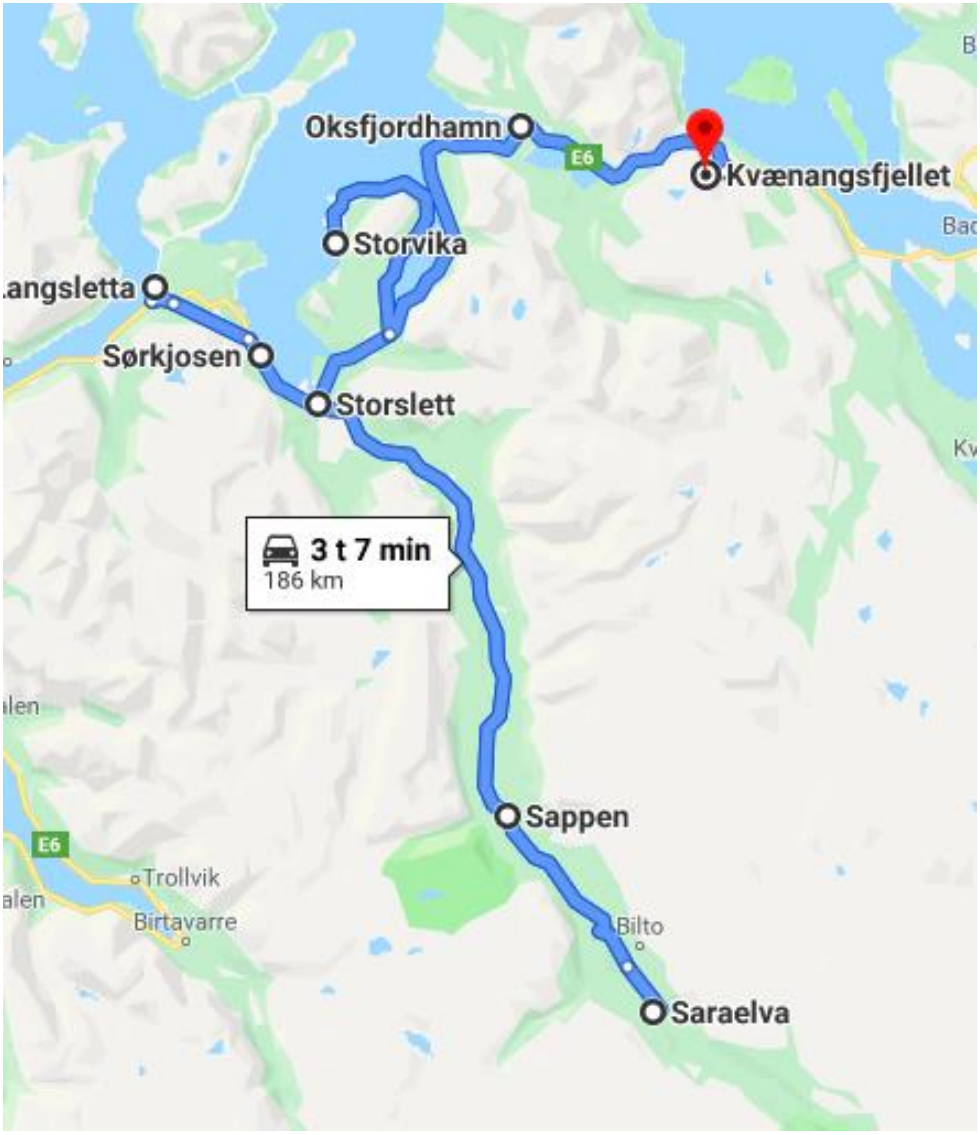
The path between the village of Årviksand and Rotvåg starts at the end of the road in the far north of Årviksand, where you can park. Poles and rocks with blue marks show the way northwards by the sea. After a few hundred meters, you will reach scree and forest.

- Read more about these and other hikes in our hiking guide

Photo: Georg Sichelschmidt

EXPERIENCE NORDREISA AND REISA NATIONAL PARK

If you decide to drive past the turnoff to Skjervøy and continue north, you will enter the eastern area of the Lyngenfjord region. On this drive you can visit Storslett National Park Village and Reisa National Park. You can also continue towards Storvik, Oksfjordhamn and the mountain pass, Kvænangsfjellet.



Sørkjosen – a pleasant, small marina

When you drive north from the Langslett turnoff and through the tunnel at Sørkjosfjellet, you will arrive in **Sørkjosen**. You will spot a small marina and the **På Taket Café**, where you have a coffee or a bite to eat while enjoying the view of the fjord.

Reisafjord Hotel is beautifully situated by the marina. **Henriksen Gjestestue** and **North of Lyngen Apartments** are also situated in Sørkjosen.

Photo: Reisafjord Hotel

Sørkjosen also has an airport with daily flights to Tromsø (TOS), Hammerfest (HFT) and Kirkenes (KKN).

- For tickets and flight information, please check: www.wideroe.no

Eat & Sleep:

- På Taket Café, restaurant and holiday apartments, tel. +47 777 67 860, https://www.pataket.no/
- Reisafjord Hotel, restaurant and hotel accommodation, tel. +47 777 66 000, www.reisafjord-hotel.com
- Henriksens Gjestestue, accommodation and catering, tel. +47 77 76 76 77 www.henriksengjestestue.no
- North of Lyngen Apartments, accommodation in rooms and apartments, tel. +47 950 66 006, http://www.northoflyngen.com/

For hiking: Truiskufossen waterfall

Start at the car park beside Kronebutikken. Follow the gravel road through the Goppa recreation area and across the ski trail. You will see a sign pointing to Truisku. The path is well signposted and is gravel in some places. At the top, just under the waterfall, is “Torbjørn’s place” featuring a rustic shelter, table and benches. It is named in honour of the man who put in an enormous effort to develop the area on a voluntary basis. You can see the waterfall beside the shelter.

- Read more about this and other hikes in our hiking guide

Shopping

- Circle K. Petrol station: You can fill 24/7 if paying by credit card
- Europris Sørkjosen: Open Mon – Fri 09.00 – 20.00, Sat 10.00 – 17.00

Activities:

- Best of Lyngen, Fjord cruise and Fishing trips, tel. +47 77 71 00 01, www.bestoflyngen.com

Storslett, national park village

Storslett national park village is the main service centre in the Lyngenfjord region and is the natural gateway to **Reisa National Park**. Storslett is located at the mouth of the Reisa river, a well-known salmon river.

In Storslett you will find a large variety of shops and services! At **Gammen Varehus**, a small shopping centre just before you reach central Storslett, you will find Vinmonopolet (wine and liquor store) and the sports shop MX Sport, as well as several other shops. If you drive into Storslett, there is a Coop Extra supermarket, a pharmacy, kiosk and the restaurant Grillstua Mat & Vinhus. You will also find other shops, including **Fristelsen Bakery**, a cosy bakery also serving lunch. If you are looking for a second-hand bargain, we recommend visiting Reisabrukt.

- **General opening hours**: Supermarkets: Mon – Fri 08.00 – 23.00, Sat 08.00 – 21.00. Other shops: Mon – Fri 09.00 – 16.00, Sat 10.00 – 14.00

In the heart of Storslett is **Bios Café**, serving tasty food based on local produce. The bar is open during the weekend serving drinks, cocktails and several varieties of craft beer. The local bar **Minibar1** is also open during the weekend and is popular among the locals.

- Bios Café, Mon – Fri 09.00 – 22.00, Sat 10.00 – 22.00, Sun 12.00 – 22.00, tel. +47 777 65 040, www.bioscafe.no

Photo: Bios Café

Culture & Learning: Museum, Kven cultural centre and tourist information

A natural place to visit is Halti, the building on the left-hand side of the road before crossing the bridge over the Reisa river. **Halti** is a visitor centre for Reisa National Park and a tourist information office, as well as museum and library. This is the place to get information about the national park, nature, culture and outdoor experiences. It's also nice to walk along the riverbank from Halti to the old bridge, cross the river and walk back on the other side. You will pass a traditional sauna, which is possible to rent, a fireplace and a small sandy beach.

Nord-Troms Museum has a permanent exhibition "*Møter - Encounters - Deaivvadit - Kohtaamissii"* where you can participate in a walk through the landscape from the coast to the plains and listen to stories and music from North Troms. They also have a small museum shop selling books, local products and souvenirs. Open Tues – Fri 10.00 – 15.00 and on Wednesdays until 18.00

- Read more about Halti and Storslett national park village: www.reisanasjonalpark.no
- Nord-Troms Museum https://ntrm.no/

Nature experience: The Kvennes outdoor recreation area

If you follow E6 north from Storslett, you will arrive at the outdoor recreational area – if you turn left at the first hilltop. This is an easily accessible nature area close to Storslett. The area has car parks, clear signs, gravel paths in the forest and along the river delta and several picnic areas. The area is wheelchair friendly.

The nice sandy beaches and shallow water make it a popular place for bathing during the summer. There is also a nature climbing park for children.

Detour: Experience the Reisa Valley and Reisa National Park

Turn right off the E6 highway in the centre of Storslett and follow route no. 865 up the **Reisa valley**. There is almost 50 km of paved road before you reach the national park. The **Reisa river**, which is one of the best salmon rivers in Norway, flows through the whole valley. The upper part of the valley is part of the national park, which you can read more about below. The lower part of the valley is wide and consists mostly of forest and agriculture areas. There are many nice options for hikes and canoeing on the river. **Reisa Friluftssenter** rents out canoes.

Culture & Learning: Learn about the Kven culture

About 18 km after the turnoff, you will reach "Tørfoss". If you turn left here and follow the road, you will reach **Tørfoss Kven Farm**, a historical farm showcasing the Kven culture in the Reisa Valley. The farm bears witness to the Kven settlement in North Troms in the 18th and 19th centuries. The farm now consists of a beautiful traditional farmhouse, a cottage, a wood-fired sauna and three sheds. The cottage houses a baker's oven made of stone and clay that is big enough to bake 20 loaves of bread at once. This oven was used by both the farm's residents and their neighbours.

- Nord-Troms Museum, https://ntrm.no/

Every year the Kven cultural festival **Paaskiviikko** takes place. The Paaskiviikko festival celebrates and highlights the Kven culture, language, traditions and history. Events take place throughout the whole region during the festival week in June.

- Read more about Paaskiviikko: https://visit-lyngenfjord.com/en/culture-and-museum-lyngen/paaskiviikko

Sappen

If you continue a further 10 km from Tørfoss, you will reach Sappen. Just before Sappen you will see the large freshwater, **Josvannet**, on your right-hand side.

Tørfoss Kven Farm - Photo: Ørjan Bertelsen/Nord Troms Museum

If you turn off onto a small paved road, you will reach a picnic area with tables and benches and a small pier at the end of the road. This is nice place for a picnic, and you can light a fire in the fireplace. Sappen is a spot for salmon fishing in the summer and for snowmobiling and skiing in the mountains in the winter. The trails starting here can lead you all the way to Kautokeino or Somasjärvi on the Finnish border. Some people also hike over the mountains to Kåfjord.

Accommodation:

- Reisa Friluftssenter, accommodation, riverboat safaris and canoeing, tel. +47 777 65 501, www.reisafriluftssenter.no
- Reisadalen hytteutleie, cabins and hot tub, tel. +47 920 12 601 https://www.facebook.com/reisadalenhytteutleie/

Reisa National Park – world-class nature

If you are visiting Storslett and wish to experience untouched nature, we recommend a visit to Reisa National Park. The national park stretches from a plateau landscape to a more alpine landscape closer to the coast. The national park borders the Ráisduottarháldi Landscape Protected Area and the Käsivarsi National Park in Finland. The unique nature is characterised by the narrow valleys and the Reisa river flowing through the canyon. You can also see several impressive waterfalls in the national park, including Mollisfossen. This is Northern Norway's highest waterfall, with a total height of 269 m, including a continuous fall of 140 m. The valley is just as beautiful during winter when it's covered by white snow, the river is frozen river and the waterfalls are transformed into magical columns of ice.

Getting to the national park:

If you wish to visit the Reisa National Park from Storslett, follow route no. 856 up the Reisa valley to Bilto and then continue a further 4 km on the gravel road to Saraelv. The most common way to enter the national park is by river boat from Bilto or Saraelv. If you walk, follow the path along the riverbank.

- For more information, please visit www.reisanasjonalpark.no or contact Halti National Park Centre in Storslett, tel. +47 775 88 282

Hiking along the Arctic Trail (Nordkalottleden) – a cross-border hike through Arctic areas

There are many alternatives for hiking in the national park. You can follow the Arctic Trail through the Reisa Valley or go on shorter hikes from Ovi Raishiin (visitors point), like following the river to the cabins at Sieimma (9km). If you use the boat to cross the river here, you can admire the rock art that is several thousand years old.

- Read more about hikes and the Arctic Trail in our hiking guide or on our webpage www.visit-lyngenfjord.com

The gateway to the National Park: Ovi Raishiin – Visitors point

At the end of the road in the Reisa valley, you will find the gateway and visitor centre for Reisa National Park, Ovi Raishiin. It's a great place to visit and a natural starting point for hikes. You will find information about the Reisa valley and national park here and can relax on one of the many benches and enjoy the views of the valley.

It's also possible to spend the night in the cabin at Ovi Raishiin. For prices, booking and to get the key, visit the Halti building in Storslett.

- Halti National Park Centre, www.reisanasjonalpark.no, tel. +47 775 88 282

Riverboat safari and canoeing on the Reisa river

During the summer the Reisa river is ideal for canoeing and riverboats. The riverboat lets you experience the nature in a whole different way, unlike no other place. A riverboat is a long and slender boat, which navigates better on the river. It has a long and important tradition on the river in the Reisa valley. While there are riverboats other places in Nordkalotten (Northern Cap), these are shorter and wider. Before the Second World War, traditional

Photo: Baard Loeken/www.nordnorge.com

wooden boats steered by poles were used. The boats were used for fishing and transporting tourists or goods. It required two people to move the boat forward, one at the front and one at the back. Today, the riverboats are wider, made of a lighter material and motorised. They can carry more passengers and goods. Several companies offer riverboat safaris, and this is an experience we highly recommend.

- Riverboat safari and canoe rental at Svartfoss Adventure, tel. +47 92870222, http://www.svartfoss.com
- Riverboat safari at Saraelv Villmarksenter, tel. +47 930 38 384, http://saraelv.no
- Canoe rental at Reisa Friluftssenter, tel. +47 77 76 55 01 www.reisafriluftssenter.no
- Riverboat safari at Best of Lyngen, tel. +47 77 71 00 01, www.bestoflyngen.com

Salmon fishing and hunting

In the lower part of the Reisa river you can fish for salmon, sea trout and sea char – all the way up to the Imofossen waterfall. This is a popular activity but remember to buy a fishing licence.

- For more information about fishing in the Reisa river – www.reisaelva.no
- Accommodation and guided salmon fishing at Reisastua, tel. +47 913 34 560, www.reisastua.no

Accommodation close to Reisa National Park

- Farm stay at Svartfoss Adventure, tel. +47 928 70 222, http://www.svartfoss.com
- Reisadalen Hytteutleie, cabin rentals, tel. +47 920 12 601, https://www.facebook.com/reisadalenhytteutleie
- Reisa Friluftssenter, accommodation and meals, tel. +47 77 76 55 01, www.reisafriluftssenter.no

Detour: Storvik and Steinsvik – get ready for Arctic beach life

If you continue along the E6 from Storslett towards Alta, you can turn left onto route no. 355 approx. 6.5 km after Storslett. This road leads around the cape to Storvik at the end of the road. Along the route you will pass several farms and enjoy nice views of the Straumfjord and Reisafjord. In Steinsvik, about halfway, you can make a stop at the sandy beach and enjoy some Arctic beach life.

There is also a small picnic area and information about the surroundings. Watching the Midnight Sun or taking a dip in the sea late at night are highly recommended!

Insider tips for foodies: Visit the farm Fallvik Gård, which sells homemade jam, baked goods and sheepskins. Please contact them in advance if you wish to visit.

- Fallvik Gård, tel. +47 930 88 032 https://bit.ly/2J8ZUUD

Steinsvik – Photo: Georg Sichelschmidt

Oksfjord and Kvænangsfjellet – the end of the Lyngenfjord region

If you drive further on the E6 towards Alta and Finnmark, you will reach the Straumfjord. You will find two camping grounds located by the fjord, **Sandnes Fjord Camping** and **Fosselv Camping**. About 11 km from here you will reach **Oksfjordhamn**. The lake **Oksfjordvannet** on the right-hand side is popular for ice fishing during the winter. You can stay on the shore of this lake at **Oksfjord Camping**.

- Sandnes Fjord Camping, tel. +47 905 08 660, www.sandnesfjordcamping.no
- Fosselv Camping, tel. +47 916 36 193
- Oksfjord Camping, tel. +47 481 96 822, https://www.facebook.com/oksfjordfamiliecamp/

Driving from Oksfjord, you will continue up the **Kvænangsfjellet** mountain pass. The road here is very exposed to the weather, especially the highest point (402 m a.s.l.). This road is often closed several times during the winter, which is indicated by a barrier on the road in Oksfjordhamn. This is the only road north so, when it's closed, Norway is divided in two and the only way to drive north would be through Finland.

The **Kvænangsfjell Gildetun** hotel at the Kvænangsfjellet mountain pass is open in the summer. You can stay overnight and/or enjoy a meal in the restaurant. The hotel offers amazing views of the Kvænangen fjord to the east and the islands of **Skorpa, Spildra** and **Nøklan.** To the northwest you can see the **Kvænangstindan** mountain peaks and to the northeast across the fjord the **Øksfjordjøkelen glacier** – Norway's 9th largest glacier.

- Kvænangsfjell Gildetun, tel. +47 77 76 99 58, www.gildetun.no

If you continue north from here, you will leave our destination – and we hope you have enjoyed exploring everything the region has to offer.

Thank you for visiting and welcome back!